God Eanity Friends



Dear Parents,

This is our holiest week of the year! In spite of the challenges of the Coronavirus pandemic, Catholics around the world will find ways to celebrate The Three Days: Holy Thursday night, Good Friday, the Easter Vigil on Holy Saturday night, and Easter morning.

There will be so many church and family traditions that we cannot participate in as we have in the past. However, even if we cannot gather with our parish communities or extended families this weekend, it is our desire that you, as parents, help your family make Holy Week and the Triduum a most special time for your family. This resource will help you do just that!

This is a wonderful opportunity to celebrate the great Mystery of our faith – Jesus' suffering, death and resurrection - together with your kids. By doing the activities, readings, etc. in this resource, you can show them the heart of Catholic/Christian faith: our holy walk with Jesus as he goes to the Cross, dies for us, and rises again in glory, his light reappearing in the darkness of Saturday night. By doing that, he made it possible for our souls to live forever with God the Father in heaven.

We hope these activities will make that journey come to life and strengthen your family in faith and love.

Here are a couple helpful video as you begin:









<u>www.olmercy.com</u>

Parish Family,

This is a Holy Week like we have never experienced before. Nonetheless, Jesus takes center stage. As He does, watch what He will do; watch what He will do to Sin and Death.

We look forward to watching with you as we enter the Triduum and even though it's not possible for us to celebrate the liturgies of this most holiest of weeks together, we're still united as we watch Jesus go to work.

As you connect with us virtually, know that your connection with us is active and not passive. Jesus Christ is still the universal King and very much present in our hearts; His true greatness consists in being the King of our spirits. When we offer your sacrifice with us every time we celebrate the Mass, you're united with us and with Jesus. That act of Spiritual Communion; telling the Lord that you love Him, offering your heart to Him, allows Him to work His Love in you. Together let us put Him at center stage these coming days, and then watch Him go to work.

In Christ with Mary, Fr Don and Fr Mark

Family Table Liturgy for Easter

For the Feast of Easter Sunday, we encourage your family to gather before your Easter meal and pray the <u>Family Easter Table Liturgy</u>. It's a beautiful way to herald the Easter Sunday and remember our identity as Easter people.

LIVESTREAM ON FACEBOOK LIVE OR WWW.OLMERCY.COM

630.851.3444



Livestream Details

- All Masses are closed to the public.
- You can access the live stream on our website or Facebook. Please note you do not need a Facebook account to view it on Facebook.
- A recording will be posted after the Live Stream on our website.

Don't forget to Share your Sunday

Share a picture of your Sunday experience on <u>Facebook</u>, we post all pictures on our <u>website</u>, be on the lookout for yours.

Stay Connected

Look for "<u>Stay Connected</u>" on the homepage.



Holy Thursday

1,987 years ago, Jesus celebrated the Last Supper with his disciples. It was the first time EVER that bread and wine became the Body and Blood of Jesus. It was the first Mass, but it was also the day that Jesus established the priesthood.

At Baptism, we were all baptized as priests, prophets, and kings - but our parish priests are different. They have given their lives to us so that we can receive God's own divine life through the sacraments. What a gift!

Our world loves superheros and your priest has, by FAR, the greatest super power in the world! By the power of the Holy Spirit, and the words they speak, they change bread and wine into Jesus' body and blood at every single Mass, every day (except Good Friday), just like Jesus did 1,987 years ago.



Great Idea!



Start writing a family letter to your parish priest(s). Consider writing a note each of these Holy Days and sending all of them together on Easter. Take time to thank your priest(s) for bringing Jesus to your family, and for the gift they are to each of you!

Make a Paper Monstrance

In Latin, the word "monstrarae" means "to show." A monstrance is a sacred vessel that holds Jesus so that we can see Him. On this night, we traditionally adore Jesus as we wait with Him in the garden.

Before Mass, <u>make a paper Monstrance</u> with paper candles (or use battery powered candles). Put it on the table after Mass, and leave it there until bedtime.



Mass of the Lord's Supper

Today especially, participate in a live-streamed Mass as a family. (click the links on the previous page). Celebrate this day as a family.

If you are unable to celebrate Mass with Bishop Pates or with your parish priest, consider reading the Gospel together and reenacting the washing of the feet (use the Family First Activity in the orange section that follows below).

ALL In the name of the Father, and of the Son, and of the Holy Spirit.

ParentLet's start by recognizing that we are in God's presence (pause)(Ask for someone to read the Gospel, and invite everyone to listen to
God's word and for what God might be saying to you)

Gospel Reading - Jn 13:1-15



ReaderA reading from the holy Gospel according to John.ALLGlory to you, O Lord.ReaderBefore the feast of Passover, Jesus knew that his hour had come to pass from this world to the Father.
He loved his own in the world and he loved them to the end.
The devil had already induced Judas, son of Simon the Iscariot, to hand him over.
So, during supper, fully aware that the Father had put everything into his power and that he had come from God and was returning to God, he rose from supper and took off his outer garments.
He took a towel and tied it around his waist.
Then he poured water into a basin,

and began to wash the disciples' feet and dry them with the towel around his waist. He came to Simon Peter, who said to him, "Master, are you going to wash my feet?" Jesus answered and said to him, "What I am doing, you do not understand now, but you will understand later. "Peter said to him, "You will never wash my feet." Jesus answered him, "Unless I wash you, you will have no inheritance with me." Simon Peter said to him, "Master, then not only my feet, but my hands and head as well." Jesus said to him, "Whoever has bathed has no need except to have his feet washed, for he is clean all over; so you are clean, but not all. "For he knew who would betray him; for this reason, he said, "Not all of you are clean. "So when he had washed their feet and put his garments back on and reclined at table again, he said to them, "Do you realize what I have done for you? You call me 'teacher' and 'master,' and rightly so, for indeed I am. If I, therefore, the master and teacher, have washed your feet, you ought to wash one another's feet. I have given you a model to follow, so that as I have done for you, you should also do."

Parent

Since we can't receive Jesus today in the Sacrament of Holy Communion today, let's pause for moment and then ask Jesus to come into our hearts spiritually. (Pause)

Repeat after me 🖊



Altar of Repose

After the Last Supper, Jesus went to the Garden of Gethsemane. Use your monstrance craft, but also, see if you can find a live-streamed Altar of Repose.

Spiritual Communion

My Jesus, I believe that You are truly present in the Holy Eucharist. I love You above all things and I want to be with you.

Since I am unable to receive you at Mass, please Jesus, come into my heart. Be with me now and never let me be separated from you. Amen.

Family First Activity

Today's family activity you will reenact Jesus as he washed the feet of his disciples on Holy Thursday.

Read the Gospel (above)

Let yourself be touched by the solemnity of this passage. Something momentous is about to happen, something that will reveal more than anything else who Jesus really is. As it is read take a moment and imagine you are in that upper room -Jesus washing your feet....

"and Jesus got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him" (Jn 13:4-5).

Foot Washing Ceremony

Taking turns, wrap a towel around your waste, take a basin of water, wash & wipe the feet of each member of the family. Husbands to Wives... Wives to Husbands... Parents to Children.

As you wash each foot say a prayer out loud:

- May your steps be ordered by God (Psalm 37:23)
- May you follow in the footsteps of Jesus (Joshua 1:9)
- May your feet never slip (2 Samuel 22:37)
- May the word of the Lord be a lamp unto your feet and a light unto your path (Psalm 119:105)

Music

You will need:

Bowl

Water

Towel

Person being washed responds:

"Amen, I will follow you Jesus"

When you are finished, take a moment in silence to thank God for all that He has done. Most especially for His gift of salvation and new life.

Take it to the NEXT LEVEL!

Read John 13: 1–17 again... Imagine Jesus washing your feet....

- Which person in this reading do you associate with most?
- Which of Jesus's actions surprises/impacts you most?
- What is Jesus asking of you?
- How can you 'wash the feet' of those you live with? Those you meet in your day-to-day?

We have all been recipients of service in our lives:

- Take a moment in prayer to give thanks for the service of anyone who has brought us close to God.
- Ask God to show you, day by day, whose needs he wants you to meet.
- Commit to bring him with you whenever you serve others.

Closing Prayer

"Come Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of Your Divine Love."

Family Activities During the Day

What are your family traditions? How should you best get ready for the Easter Triduum? Do all the traditions, and have so much fun! However, we recommend that you do these things early and get cleaned up before Mass in the evening.

Dye Easter Eggs

Such a fun time with kids - but do your kids know why we decorate eggs for Easter?

The bright colors signify rejoicing, while the unbroken egg is symbolic of the resurrection. Just as a baby chick remains hidden until it pecks its way out, so too, from Good Friday through Easter Sunday, Jesus is hidden in the tomb.



Dye your eggs today, but hide in the refridgerator until Easter.

Bury the "Alleluia!"

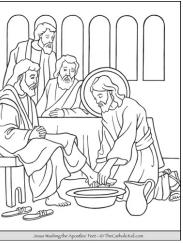
[That word] is not to be used at all during the season of Lent. Catholics around the world will not speak it or sing it until Easter. Create an "Alleluia!" sign or poster to be hidden by parent(s) in the home. On Easter, invite all the children to find the sign. Rejoice together when found for Jesus has risen! A special treat or small, homemade gift can be given to the child/children who found it!

Color & Create

Kids of all ages can be occupied with making Easter decorations, <u>creating</u> <u>their own Easter baskets</u>, coloring a picture, baking a <u>lamb cake</u>, making <u>resurrection cookies</u>, and <u>much more</u>!

Enjoy your time as a family and keep those kiddos occupied. Click the image of "Jesus washing the Feet of the Apostles" to download and print.





"Bless us, O Lord! and these Thy gifts for which we are about to receive, from Thy bounty, through Christ our Lord. Amen."

Dinner Conversation Tonight

(Parents: A reminder that all who gather at the table share a response to each question.)

- Who is the one person you know who follows Jesus' example to "wash one another's feet"? What does he or she do?
- How would you respond if you were asked to have your feet washed at a Holy Thursday Mass? Why?
- Would you rather wash the feet or have your feet washed? Why?
- How can I can serve someone in the next three days (during the Easter Triduum) putting into practice what Jesus said and did?



God Family Friends

We will have an extended "Friends" section next week for Divine Mercy Sunday

Good Friday

On Good Friday, we commemorate the crucifixion of Jesus. In fact, this is the only day of the year that Catholics do not celebrate Mass. While it is true that Jesus' death on the cross was necessary for the resurrection, Good Friday is not a time for celebration. it is good to help your family keep a somber tone throughout the day.

Stations of the Cross at 12:00 PM

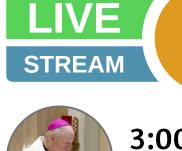
Doing the stations of the cross is a great way to enter into Good Friday with you family. There is a 10 minute children's stations of the cross on YouTube and a good 25 minute version for teens. You can also take a <u>virtual tour of the Via</u> <u>Dolorosa</u> (The Way of Sorrows) which stops at the 14 stations in Jerusalem.

Good for Children



Good for Teens





3:00 PM Apr 10 with Bishop Pates



Find Your Parish!

Daily Readings

Celebration of the Lord's Passion at 3:00 PM

You are encouraged to join the live stream with Bishop Pates at 3:00 PM, and your parish may be offering a live-stream as well (visit the Live-Stream links)

Veneration of the Cross

Whether or not you are able to join in live, we encourage you to place a crucifix in a place of importance and to venerate the cross we would if we were able to celebrate together.

Family Activity

Today we celebrate the most sacred event in time, history and most especially our faith. Today we are meant to stop most especially at 3:00pm which is the time that Jesus died on the cross.

Between Noon & 2:30pm:

As a family, take a walk outside (in your yard or safely in the neighborhood), and focus on the scripture reading from <u>Matthew 27:11-54</u>. Imagine that you are one of those in the crowd following Jesus's crucifixion.

Once everyone has this reading on their phone or tablet, read through this scripture with each person reading a few lines out loud. Take a brief pause between each reader. As a new reader begins, move to a new spot in the yard. Journey around your yard, as you would be if following Jesus.

- As you walk, meditate on the ready and open yourself to what Jesus shares with you.
- As you walk along with Jesus look for a stone or a rock (the size of an egg or larger) that you can keep as a reminder of this journey (We will do more with this stone tomorrow).
- When you get to verse 50, pause and play the music video.

In Quiet Silence...

- Thank Jesus for all that He endured for us, be specific.
- Thank Jesus for what He has secured for us.
- Commit yourself to be a more faithful follower of Jesus.

Close with the Sign of the Cross and prepare to celebrate the Lord's Passion at 3:00 PM

You will need: Quiet Outdoors

Music

Play music after you read this:

"But Jesus cried out again in a loud voice, and gave up his spirit."

Mt 27:50

Good Friday Family Retreat

Throughout the day, your family has had multiple opportunities to remember the sacrifice Jesus made for us through his death on the cross. Hopefully, your family was able to participate in what was recommended: Stations of the Cross, Live-streaming the Passion, and/or the Family Activity.

Today, we made ourselves present to Jesus and walked with him symbolically in his time of need. Let this evening be a time of prayer and a time to share intentions for those in need of our prayers; both living and deceased.

Family Preparations

- Fasting: be sure to have observed the Lenten fast today.
- Make a Home Altar: include a Bible, votive candle, and linen cloth.
- Parents, decide which parts of the retreat you will do, and which parts are together or separate (depending upon the age of your children).

Beginning the Retreat

Gather as a family and, if you have not already, enter into Good Friday by praying the stations of the cross using the videos above, or choose to read from the daily readings.

Short Discussion

Make sure that your family has story of Jesus' passion in their mind, then say:

Judas, one of the twelve, turned against Jesus. Peter, the rock denied Jesus three times. Pilate found no guilt in Jesus and had him crucified. All of Jesus disciples fled except for John.

Ask them to enter into the story - to put themselves at the scene of the passion...

- What are your feelings?
- Would you give in and follow the crowd and yell, "Crucify Him"?
- How are you standing up for Jesus today?

Readings for Good Friday

(Daily Readings)

1st Reading Isaiah 52:13-53:12

Responsorial Psalm Psalms 31:2, 6, 12-13, 15-16, 17, 25

2nd Reading Hebrews 4:14-16; 5:7-9

Gospel John 18:1-19:42

Good Music for Silent Meditation





Remember

We remember Jesus' death today, but let us also take some time as a family to remember those in our family who have died:

- Write down each of their names
- Share a story from their life, or something you remember.

Who do you know that is in need of our prayers?

- Write down each of their names
- Share what it is that we should pray for.

Pray

As a family, now pray to God for all your loved ones (living and deceased) individually. You can simply:

- 1. Move from the sharing and remembering into praying out loud for each of them (good for younger families).
- 2. Break for the night into silent prayer (good for older families). Make sure that each person has copied the prayer list down.

Keep as silent as possible for the rest of the night



Holy Saturday - During the Day

Make your final preparations as a family before Easter. Yes, finish the decorating, but also make this a time of expectation and longing for your family. Jesus is in the tomb, and we await his glorious resurrection...

First Things First!

Before you busy yourselves with all the preparing, spend time in prayer early in the morning - at least 15 minutes (1% of your day).

Perhaps a great thing to prompt your family to do with this time is to imagine that you are one of the 12 apostles. You just witnessed Jesus suffer and die the day before. You loved him and now he is no longer with you (imagine that you don't know that he will rise from the dead). Silently talk with God about what you sense and feel.

Preparation

- Get your home altar ready for the celebration of Easter Mass. Get a white cloth out. Put out real candles and real flowers if possible.
- Decide which Mass or Masses you will live stream
 - Easter Vigil
 - Easter Sunday
- Get all the extra details done early so that you can spend the day resting and waiting together.

Blessing of Easter Foods

This is a prayer adapted from the book of blessings. Gather your family and your Easter foods and lead them through this blessing.

Reader

Now that very day two of them were going to a village seven miles* from Jerusalem called Emmaus, and they were conversing about all the things that had occurred. And it happened that while they were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him. He asked them, "What are you discussing as you walk along?" They stopped, looking downcast. One of them, named Cleopas, said to him in reply, "Are you the only visitor to Jerusalem who does not know of the things that have taken place there in these days?" And he replied to them, "What sort of things?" They said to him, "The things that happened to Jesus the Nazarene, who was a prophet mighty in deed and word before God and all the people, how our chief priests and rulers both handed him over to a sentence of death and crucified him. But we were hoping that he would be the one to redeem Israel; and besides all this, it is now the third day since this took place. Some women from our group, however, have astounded us: they were at the tomb early in the morning and did not find his body; they came back and reported that they had indeed seen a vision of angels who announced that he was alive. Then some of those with us went to the tomb and found things just as the women had described, but him they did not see." And he said to them, "Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Messiah should suffer these things and enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them what referred to him in all the scriptures.

As they approached the village to which they were going, he gave the impression that he was going on farther. But they urged him, "Stay with us, for it is nearly evening and the day is almost over." So he went in to stay with them. And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. Then they said to each other, "Were not our hearts burning [within us] while he spoke to us on the way and opened the scriptures to us? "So they set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, "The Lord has truly been raised and has appeared to Simon!" Then the two recounted what had taken place on the way and how he was made known to them in the breaking of the bread.

Parent All

Our Father...

Parent

God of glory, the eyes of all turn to you as we celebrate Christ's victory over sin and death. Bless us and this food of our first Easter meal. May we who gather at the Lord's table continue to celebrate the joy of his resurrection and be admitted finally to his heavenly banquet. Grant this through Christ our Lord. Amen.

Jesus taught us to pray for our daily bread and so we say:

Family Activity



Today we celebrate Holy Saturday as we are in 'a place of remembering, waiting and expectation'. Reminding ourselves that just yesterday we stopped for prayer and worship at 3:00pm which is the time that Jesus died on the cross. We must always live with the mindfulness that Easter Sunday could not happen without Good Friday.

As a family today...

You will paint a scene on the stone you found yesterday as you followed Jesus in His journey to Golgatha. Remember that on Easter Sunday the stone will be rolled away. Play the music playlist as you paint and meditate on this Holy Day.

As you paint your stone:

- Thank Jesus for all that He endured for us, be specific.
- Thank Jesus for what He has secured for us.
- Commit yourself to be a more faithful follower of Jesus.

Stones Paint Music Usic Music Playlist:

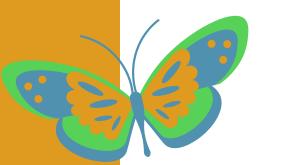
You will need:

<u>Chaplet of Divine Mercy</u> <u>In Christ Alone</u> <u>God So Loved</u> <u>Remembrance</u>

Two Craft Ideas

Here are a couple of great crafts you can do with your family on Holy Saturday. The first (to the right) is an idea for making your own Paschal Candles. The other is a way to teach the resurrection using the image of a butterfly.





Resurrection to New LIfe

Give each child a sheet of colored construction paper and a pencil, and set out the scissors. Show kids each how to trace their two hands on the paper in such a way that the fingers are pointing away from one another, with their thumbs aligned.

They can color the handprints to look like butterfly wings. Write their names on the butterflies, and then cut them out. Encourage children to write on their butterflies the name of someone they will tell about new life in Jesus this week.

Parents say:

Use this butterfly to remember that just as a butterfly has new life when it emerges from its cocoon, so will we have new life when we go to heaven. You can make your own butterfly come to life by rolling up your paper with the blank side out. Now unroll it to let your butterfly come out of the cocoon!

Dinner Conversation Tonight

On Holy Saturday we as a family of believers wait for Easter Morning. Take a moment as a family and remember a time that you had to wait -

- What was it you were waiting for?
 - A new job
 - A new baby
- What did it feel like to have to wait? Was it easy? Difficult?
- What did you learn from that time of waiting?
- How does this match what Mary, and the disciples felt on Holy Saturday?
- Share one person you know that is good at waiting like Mary.

Un-bury the Alleluia

If you created and hid an "Alleluia" sign on Holy Thursday, begin the hunt at 7PM before the Easter Vigil at 8PM - or do it on Easter morning.



Easter Vigil

The Easter Vigil is one of the most beautiful Masses of the year! We gather at dusk keeping vigil as we hear the stories of our creation and the promises of God while waiting with "our lamps burning" and ready to receive Jesus when he rises from the dead.

This is the time when the Church normally baptizes and confirms those who have been preparing to enter into God's family, the Church, although those Sacraments of Initiation will have to come later this year. We encourage you to virtually attend the Vigil Mass as a family especially if you have never before been able to do so.

Not Livestreaming the Vigil?

If you are not livestreaming, you can gather at dusk (7:30 PM) with you family to do this shortened form of the Easter Vigil.

ALL (Make the sign of the cross as you light a candle) In the name of the Father, and of the Son and...

Parents

Jesus is the beginning and the end of everything forever. He is the Lord of all time. This is the light of Christ. (Pause)

Rejoice heavenly powers! sing all you angels! This is the night that Jesus Christ, the only Son of God, has risen from the dead. He has broken the chains of death so that we can live forever. He is the Morning Star that never sets. His light will live in each of us if we love him.

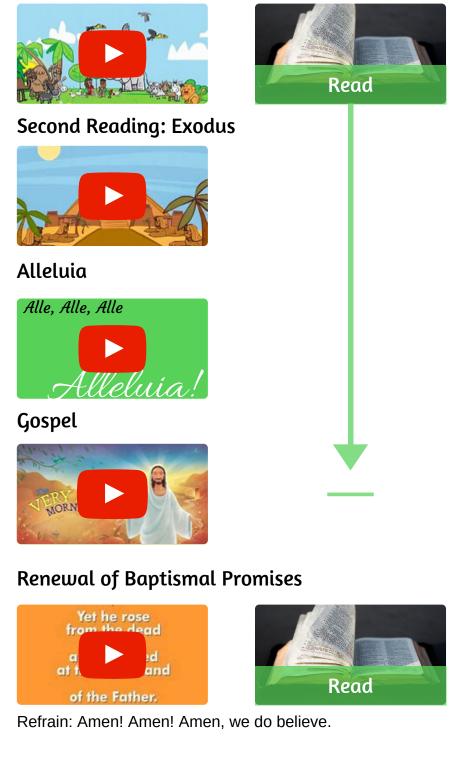
The Exsultet: The Proclamation of Easter







First Reading: The Story of Creation



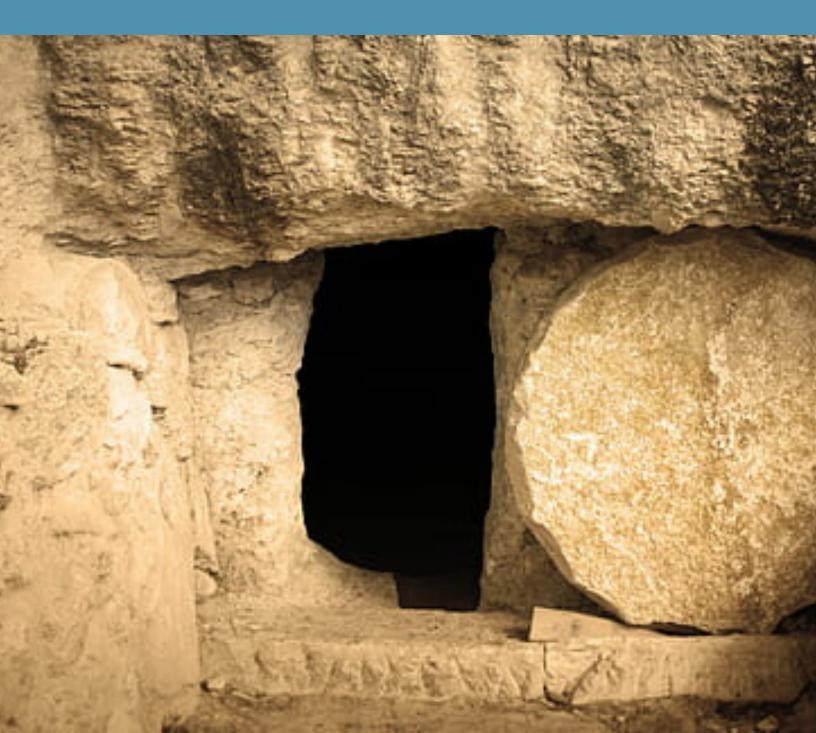
Spiritual Communion

ALL My Jesus, I believe that You are truly present in the Holy Eucharist. I love You above all things and I want to be with you. Since I am unable to receive you at Mass, please Jesus, come into my heart. Be with me now and never let me be separated from you.

Parent May the Lord Bless us and bring us to everlasting life in Jesus Christ.

ALL Amen!

He is Risen Allehia!



He is Risen!

Wake up and rejoice in the Lord! — Death has no power over Jesus, and we, united with Him through Baptism, conquer death and receive the promise of Eternal Life!



Easter Sunday Mass

He is Risen Indeed! As the Apostles ran to the tomb early on the very first Easter, bring your family with joy to this most blessed feast of the Church year!

Join Bishop Pates this morning at 10:00 AM or find your parish's livestream. Fr. Andy Davy will be celebrating a special 9:00 AM Mass for young families as well. **Happy Easter to you and your family!**



Renewal of Baptismal Promises



Refrain: Amen! Amen! Amen, we do believe.

Spiritual Communion (See Easter Vigil)





STREAM

10:00 AM Apr 12 with Bishop Pates



Find Your Parish!

<u>Daily Readings</u>

Family Activity

Today we celebrate EASTER SUNDAY! Alleluia, Alleluia, He is Risen!! The summit of the Liturgical Year is the Easter Triduum—from the evening of Holy Thursday to the evening of Easter Sunday. Though chronologically three days, they are liturgically 'one day'- one journey, unfolding for us the unity of Christ's Paschal Mystery. During these three Holy Days we have been in 'a place of remembering, waiting and expectation'. But Today we celebrate, the triumph of the Resurrection! Christ has triumphed over sin and death and gained for us redemption! So Grab your chalk and celebrate! Be creative!



Take it to the NEXT LEVEL!

Watch this short film "Risen" and place yourself as a character in the film:



- What would you do?
- Who brought the news?
- Would you go to see the tomb?
- How fast would you run?
- Would you go in?



oyf@dioceseofjoliet.org

Email us photos of your chalk art*

*By emailing your photos you consent to and give permission to use these images in parish and Diocesan communications / publications.

Take a moment to Thank Jesus for the gift of salvation



Virtual Easter Egg Hunt!

As a family today, go to your parishes website and look for Easter eggs! If your parish is participating, 10 eggs will be hidden all over your parish website. Check out every page!

Click the flyer image for instructions and for the online form to submit your answers. Oh, did we mention that we will be giving away \$250 in Amazon gift cards as prizes? Hurry!

Dinner Conversation Tonight

Mary Magdalene got up early on "the first day of the week" (Sunday) and went to the tomb of Jesus only to find the stone rolled away. She immediately runs to tell the Apostles...

- How would you feel if you, like Mary, were at Jesus' tomb early tomorrow and realized he was risen from the dead?
- If Jesus is risen, what does that mean for us?
- Do you think we can have a relationship with Jesus like Mary and the apostles did? Why?
- Imagine what the first disciples must have felt on Easter Sunday... What do you think they felt?
- We believe Jesus is alive, why don't we tell EVERYONE?



Don't Forget to Turn on the Lights!

Throughout the entire Easter Season, turn on your "Easter Lights" to proclaim that Jesus has risen. Keep them lit every night from Easter Sunday through Pentecost (April 12 - May 31)!