

CONFIRMATION

SESSION 3

MOVED TO MISSION



SCRIPTURE QUOTE FOR THE WEEK



"And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance."
—Acts 2:3-4



OPENING PRAYER

Heavenly Father, we thank You for all the many blessings in our lives, especially the people who help us draw closer to You. Jesus, You promised the Holy Spirit to Your disciples and that they would receive power from on high. We ask for that promise to be fulfilled in our lives as well. Holy Spirit, help us to know You and fill us with Your love. Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.



COMMIT

This week's commitment is to recommit to the H.A.B.I.T.S. that we have talked about in previous sessions. As a reminder, H.A.B.I.T.S. stands for:

- H**oly Hour
- A**ccountability
- B**ible Study
- I**nvest in your parish
- T**ell others about the Faith
- S**acraments

When you invest in these H.A.B.I.T.S. in your life, you create the capacity within your soul to become receptive to the movements of the Holy Spirit. These H.A.B.I.T.S. will change your life because the Holy Spirit will be free to transform you.



PRAY

Come, Holy Spirit, fill the hearts of Your faithful. And kindle in them the fire of Your love. Send forth Your Spirit, Lord, and they shall be created. And You shall renew the face of the earth.

Let us pray, O God, who by the light of the Holy Spirit did instruct the hearts of Your faithful; grant that in the same Spirit we may be truly wise and ever rejoice in His consolation. Through the same Christ our Lord. Amen.



TIP FOR THE WEEK

This session discusses the purpose of the Sacrament of Confirmation. We recommend learning more about this Sacrament from the Lighthouse Catholic Media talk “We Must Go Out: The Sacrament of Confirmation” by Fr. Mike Schmitz.

lighthousecatholicmedia.org/store/title/we-must-go-out-the-sacrament-of-confirmation#